



# Healthchek



Preventive  
health care  
and treatment  
services for  
children, teens  
and young  
adults



ohio medicaid

## What is Healthchek?

Healthchek provides health care services through Ohio's Medicaid program. These services help Ohio's children get the care they need before a treatable illness becomes serious.

## Healthchek can help:

All children, teens and young adults from birth through age 20 who are eligible for Medicaid. Healthchek services can be requested at any time. Please contact your caseworker or call your Healthchek Coordinator for more information. You may also request a Healthchek screening at your child's next medical exam.

## Lead Testing

As part of the Healthchek exam, a lead test is required when your child is 12 and 24 months of age. If your child is three to six years of age, and you are not sure if your child has had a blood lead test, ask your doctor for one.



# What does Healthchek cover?

## Prevention Services

A Healthchek exam checks for many health problems. If a Healthchek screening uncovers a problem, your child can get treatment early before the problem becomes serious.

Healthchek screening services are very thorough. A complete Healthchek exam includes:

- A medical health history
- A complete exam
- A developmental screening
- A nutritional screening (to review eating habits)
- A vision check
- A hearing check
- A review of the child's immunization history
- A dental screening

- A lead poisoning test, depending on the age of the child
- A test for anemia and sickle cell anemia, as indicated
- A tuberculin (TB) test, as indicated
- A urine test, as indicated
- A sexually transmitted disease (STD) test, as indicated
- Health education
- Behavioral health and other rehabilitative services



## Treatment Services

Healthchek may provide other health care services as a follow-up to a screening.

## When should my child get Healthchek screening services?

### Newborns

Newborns need regular preventive medical care and should have their first Healthchek exam before they leave the hospital. After the first screening, visits usually will be scheduled when shots are needed.

### The first two years

Good medical care will give your child a healthy start in life. Through Healthchek, babies can get their first doctors office visit at six weeks, and up to nine checkups in their first two years.

They begin getting shots to protect them against such diseases as polio, influenza, chicken pox, whooping cough, measles, rubella (German measles), mumps, diphtheria, and tetanus (lockjaw). The medical provider will take this opportunity to ask about your child's development and discuss any concerns. This is also an opportunity to have your child tested for lead poisoning.

### Children

After the second year, providers recommend your child is examined once a year to ensure your child's healthy development.

### Teenagers

Teens can get screening and treatment services under Healthchek. These services are especially important for this age group as the body rapidly changes and grows during this time.

## Healthchek screenings are a chance:

- To check for hidden teen health problems (bulimia, anorexia, etc). Many problems are not easy to find without a health check up.
- To catch up on missing immunizations.
- To test teens of African-American, Hispanic, or Mediterranean backgrounds for sickle cell anemia.
- To see if a teen planning to play sports has any medical problems that could lead to serious injury during athletics. The Healthchek screening may also serve as the sports physical.
- For teens to talk to a doctor about health-related questions or problems.

## What happens after the Healthchek screening?

After the Healthchek screening, the doctor will explain the results. If you do not understand something, feel free to ask the doctor to explain.

You can ask for a copy of the medical report, which is useful for day care, sports programs, camps, and enrollment for school.

If the doctor finds your child needs more medical care, the doctor may refer you to a specialist for another checkup or treatment.

# Frequently Asked Questions

## **Q: Are eyeglasses and other vision services covered by Healthchek?**

**A:** Yes. Healthchek provides services to find and treat vision problems. Vision services may include a complete eye exam and eyeglasses. Your child can get a vision exam every 12 months.

## **Q: Are hearing services covered?**

**A:** Your child's hearing will be checked during the Healthchek screening. If a problem is found, other services are covered, which may include a more complete exam, as well as hearing aids.

## **Q: Are dental services covered?**

**A:** Yes. Through Healthchek, all children age two or older should visit a dentist every six months for a dental checkup and any needed treatment. Younger children may be referred to the dentist if dental problems are detected during the Healthchek exam.

Dental checkups include: teeth cleaning and a dental exam for cavities and other problems. After the exam, the dentist will tell you

what other dental treatment will need to be done to keep your child's teeth strong and healthy. The dentist may schedule more appointments to complete the treatment needed for your child's teeth.

## **Q: How can I get help with services?**

**A:** By completing the Healthchek assessment form at your county department of job and family services (CDJFS), you can learn of services available for your child. Additional questions can be directed to the Healthchek coordinator who can help you:

- find a doctor, dentist or other health care specialist;
- get a Healthchek screening; and
- get transportation to your medical appointments or pharmacy.

If you are in a managed care plan (MCP), they have representatives who can help you as well.

For more information and answers to your questions, please call the Medicaid Consumer Hotline:  
1-800-324-8680 (Voice)  
1-800-292-3572 (TTY)

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